

## Partners In Education & Training in Southwestern Ontario

NADD Ontario is pleased to be able to offer a number of new and exciting educational opportunities in partnership with Regional Support Associates. These training events will take place live as well as via videoconference to allow for attendance from various communities across Southwestern Ontario and beyond. Live workshops have a minimal fee of \$45 and videoconference workshops have no cost to attend.

The workshops are as follows:

### **MEETING THE CHALLENGE: Risk Assessment & Relapse Prevention for Sexual Offending Behaviours**

Individuals with intellectual disabilities who present with sexual offending behaviour, pose particular assessment and treatment challenges compared to those without disabilities. Subsequently, they often receive minimal risk assessment and limited relapse prevention support. Current models attempt to "fit" these individuals into mainstream assessment and treatment models. This interactive workshop instead, proposes shifting the focus onto the person and their environment. Lengthy discussion will be around an integrative model that incorporates both person-centered and environmental factors to produce assessment and treatment plans that are fluid and responsive to each person's individual circumstances.

**Date:** Friday, February 23<sup>rd</sup>, 2007  
**Time:** 9:30 – 3:30  
**Location:** Best Western Lamplighter Inn, London  
**Cost:** \$45  
**Presenter:** Darren Rene, MSW, RSW, Clinical Supervisor

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### Videoconference Sessions

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**D**o we  
**R**eally  
**U**nderstand  
**G**oals and  
**S**ide effects

Many of the individuals we assist are taking psychotropic medication. Often these medications are prescribed for behaviours. How do we know when they are working properly? How do we know what is the most efficient dosage? How do we monitor side effects and adverse reactions? What are "best practices" that we can employ to affect better treatment? *Please email any medication specific questions prior to the session, and AI will tailor the presentation around the various issues he receives.*

**Presenter:** AI Fewster, RN is a registered nurse with RSA  
[afewster@wgh.on.ca](mailto:afewster@wgh.on.ca)

### **Aging and Intellectual Disabilities: Facing the Challenge**

This half-day workshop will discuss the implications of the aging process in people with intellectual disabilities. There will be discussion around successful aging, how to support aging individuals with intellectual disabilities, and physical and cognitive consequences of aging. Participants are invited to bring specific cases for discussion with Maureen and other participants.

**Presenter:** Maureen Roberts is a community consultant with RSA

### **Anxiety Disorders in People with Intellectual Disabilities**

Many behavioural problems are caused by anxiety. This workshop will discuss anxiety and how it can impact individuals with an Intellectual disability and the support systems. Situational anxiety as well as anxiety disorders will be covered, in addition to practical tips to reduce and manage anxiety.

**Presenter:** Dr Karen Baker, PhD., C. Psych is a psychologist with RSA

### Videoconference Calendar

Session	Date	Time	Video Site 1	Video Site 2	Video Site 3	Video Site 4
D. R. U. G. S	June 14 <sup>th</sup> , 2006	10:00 – AM 12:00 PM	RSA Woodstock	Community Living Windsor	Community Living Owen Sound	RSA Walkerton
Aging & ID	October 3 <sup>rd</sup> , 2006	10:00 – AM 12:00 PM	RSA Woodstock	RSA Walkerton	Haldimand Norfolk REACH	
D. R. U. G. S	November 20 <sup>th</sup> , 2006	10:00 – AM 12:00 PM	RSA Woodstock	RSA Chatham	RSA London	
Anxiety Disorders & ID	November 29 <sup>th</sup> , 2006	10:00 – AM 12:00 PM	RSA Walkerton	RSA Woodstock	RSA Chatham	
Aging & ID	December 4 <sup>th</sup> , 2006	10:00 – AM 12:00 PM	RSA Woodstock	RSA London	VideoCare	VideoCare
D. R. U. G. S	February 12 <sup>th</sup> , 2007	10:00 – AM 12:00 PM	RSA Woodstock	VideoCare	VideoCare	VideoCare

For more information about videoconferencing in general, video training or how to register for sessions please contact Heather Prescott at [hprescot@wgh.on.ca](mailto:hprescot@wgh.on.ca) or by phone at (519) 421-4233 Ext. 2326.